



TOPIC	TOPIC	AUDIENCE	DESCRIPTION
Keep Children Drug-Free	Substance Abuse Prevention	Parents & adults	This one-hour program covers ten steps to effective communication with young people/ Parents and caregivers will learn about tools and communication skills necessary to encourage their children to make positive life choices.
ABC: Adventure Based Counseling	Anger Management	Grades 6-8 - Peer to peer group & community youth groups	This one-to two session program teaches group conflict resolution by using recreational activities to help students build unity, enhance trust and solve group problems.
BABES (Beginning Awareness & Basic Education Skills)	Life Skills	Pre-school	BABES is designed to give preschool children a lifetime of protection from substance abuse. Through the use of puppetry, songs and imaginative stories, BABES holds the attention of children and helps them to develop a desire for healthful living. The interactive classroom presentations allow children to learn and practice living/loving skills and to make positive choices about alcohol, tobacco and medicines.
BABES (Beginning Awareness & Basic Education Skills)	Life Skills	Kindergarten & grade 1	BABES is designed to give preschool children a lifetime of protection from substance abuse. Through the use of puppetry, songs and imaginative stories, BABES holds the attention of children and helps them to develop a desire for healthful living. The interactive classroom presentations allow children to learn and practice living/loving skills and to make positive choices about alcohol and other drugs. BABES gives children the ability to better understand how to protect themselves from challenging situations among their peers and within the family.

BABES (Beginning Awareness & Basic Education Skills)	Life Skills	Grades 2-3	BABES is designed to give preschool children a lifetime of protection from substance abuse. Through the use of puppetry, songs and imaginative stories, BABES holds the attention of children and helps them to develop a desire for healthful living. The interactive classroom presentations allow children to learn and practice living/loving skills and to make positive choices about alcohol and other drugs. BABES gives children the ability to better understand how to protect themselves from challenging situations among their peers and within the family.
Bullying Prevention Program (1 session)	Violence Prevention	Grades 6-8	Bullying is one of the toughest problems that children face in today's society. It has become a major social pressure leading to early use of alcohol and substance abuse. In response to this issue, we have developed a one-lesson program in which students are challenged to reflect on the reasons why people bully and what can be done to stop it.
Bullying Prevention Program (4 sessions)	Violence Prevention	Grades 6-8	(same as above and geared to appropriate audience)
Bullying Prevention	Violence Prevention	Parents	(same as above and geared to appropriate audience)
Bullying Prevention	Violence Prevention	Teachers	(same as above and geared to appropriate audience)
Chess Child	Life Skills	Kindergarten - grade 5	Chess Child is highly structured substance abuse prevention program targeted to children 5 - 11 years old which uses Chess to create an environment of shared learning and independent thinking skills development. Its purpose is to motivate at-risk children and enhance their higher-order thinking skills, self- confidence and academic achievement by using the game of chess as an educational tool. Skills developed in this program include: logic, reasoning and problem-solving abilities, memory, concentration and visualization skills, critical thinking, patience, and determination. The program is staffed by professional Chess Instructor and an Educational Specialist, using demonstration
Compass: NJPN Gang Prevention Curriculum	Violence Prevention Program	Grades 7-8	The Compass Curriculum is a 6 -12 hour in-class life skills prevention program which emphasizes self efficacy in problem solving by providing significant practice in addressing issues and problems related to high risk factors for gang involvement, crime, substance abuse and related problems.

Courageous Kids	Bullying Prevention	Kindergarten & grade 1	Bullying is one the toughest problems that children face in today's society. In response to this issue, we have developed a four-lesson program which supports the researched-based strategy developed by Dr. Dan Olweus - a CSAP model program. Courageous Kids challenges participants to reflect on the reasons why people bully and their personal role in stopping and preventing bullying behaviors. The interactive presentation sessions engage children with story telling, skill practice and arts and crafts. Lessons empower children with skills needed to stop the taunting and intimidation that plague so many of their lives.
Courageous Kids	Bullying Prevention	Grade 2	(same as above and geared to appropriate audience)
Courageous Kids	Bullying Prevention	Grades 3, 5 & 5 - Special Education	(same as above and geared to appropriate audience)
Courageous Kids: Steps to Bullying Prevention	Violence Prevention	Teachers & parents of children kindergarten - grade 5	At least one in ten children is regularly attacked or harassed by bullies. At some ages, children report frequency of bullying as high as 65%. Courageous Kids: Steps to Bullying Prevention was created as a compliment to the Bully Prevention classroom lessons but can't "stand alone" to help parents and teachers address this challenge of bullying behaviors in schools. The goal of this presentation is to give parents, teachers and caregivers a better idea of what bullying is, the bully victim dynamic, who is affected by bullying and what can be done to stop is from occurring by sharing the latest research- based practices outlined by Dr. Dan Olweus.
Cyberbullying: A prevention curriculum for youth	Violence Prevention	Grades 6 - 12	This program deals with the attitudes and behaviors associated with cyberbullying. It consists of an eight session curriculum with additional parent resources, student handouts, peer leader training materials and resources to address bullying school wide.
Cyberbullying: Bullying on Steroids?	Violence Prevention	Teachers & Parents of children grades 6 - 12	The purpose of this presentation is to educate parents and teachers about the growing problem of cyber bullying. In addition, it will empower adults to prevent this new form of bullying from becoming a regular experience for youth navigating the internet and other technological tools. Current research on cyber bullying will be explored as well as current laws and policies. Tips for both parents and educators will be discussed.

Drug- Free Workplace	Drug use Prevention / Education	Adults (managers & supervisors)	This offers an introduction and a preliminary understanding of the impact of substance abuse in the workplace and covers every major concern of management of a drug-free workplace environment including warning signs and symptoms of abuse, when to broach the subject with an employee, implications of the Americans With Disabilities Act, "no tolerance" policies, documentation; confidentiality, termination and return to work options.
Drug Jeopardy	Education, Communication	Grades 6-8 & 9-12	Game shows are all the rage. This one-hour game show uses two teams of audience member who answer frequently asked questions about substance abuse. Programs are customized to your specifications and audience, making questions age-appropriate.
EPIC - Every Person Influences Children	Parenting Education	Parents of infants/toddlers	Founded in 1980, EPIC is a parenting education program that support parenting in raising children to become responsible citizens. EPIC helps all children including those experiencing the normal challenges of growing up and facing exceptional social and economic barriers. Workshop topics: Knowing Yourself as a Parent; Tuning-In to Your Child; Fostering Self-Esteem; Helping Your Child to Cope; Setting Limits; Building Independence.
EPIC - Every Person Influences Children	Parenting Education	Parents of young children	Founded in 1980, EPIC is a parenting education program that support parenting in raising children to become responsible citizens. EPIC helps all children including those experiencing the normal challenges of growing up and facing exceptional social and economic barriers. Community contact selects six of the following workshop topics: Parenting Styles and Decisions Making; Single Parenting; Listening and Responding to Children; Character, Conscience, and Values; Fostering Self-Esteem; Crises That Affect Families; Structure and Limits; Rewards and Punishments.
Forest Friends	Life Skills Development	Kindergarten - grade 1	Forest Friends is a primary prevention program designed to equip young children with healthy living skills they will utilize throughout their entire life. The program enables children to learn and practice living/caring skills and to make positive early decisions about healthy lifestyles.

Guiding Good Choices	Parenting Education	Parents of children in grades 4 - 8	Originally developed under the title "Preparing for the Drug-Free Years". Guiding Good Choices is a five session program that teaches parents of children ages 9-14 how to reduce the risk that their children will develop drug problems. The curriculum is based on research conducted by Dr. David Hawkins and r. Richard Catalano of the University of Washington and is recognized as a model program by the Center for Substance Abuse Prevention. Workshops include: Getting Started: How to Prevent Drug Use in Your Family; Setting Guidelines: How to develop healthy beliefs and clear standards; Avoiding Trouble: How to say no to drugs; Managing Conflict: How to control and express your anger constructively' Involving Everyone: How to strengthen family bonds.
Heroin: The Ride That Never Ends	Illegal Drug Use Prevention	Grades 9-12, adults, professionals	Program gives information and skills needed to understand the risks associated with Heroin use and abuse and assist them in the prevention and identification of heroin use among users.
Hot Trends Today	ATOD Prevention	Grades 6 - 12	This interactive presentation takes a look at the current drug trends we are seeing in our communities today.
Jason's Message: Prescription and OTC Drug Abuse	Prescription and OTC Drug Use Prevention	Grades 9-12, adults, professionals	The goal of this presentation is to provide participants with the information and skills needed to understand the risks associated with Prescription Drug and Over the Counter (OTC) drug abuse.
Keys to Innervisions (KIV)	Violence and ATOD Prevention	Grades 6-8 (referred youth with substance abuse or anger management issues)	KIV, a research based program, provides anger management and substance abuse prevention to youth, offering skills to resolve conflict and maintain healthy lifestyles; therefore decreasing further involvement with the criminal justice system.
Possibility Parenting - Key to Innervisions (KIV)	Violence and Substance Abuse	Parents	Possibility Parenting is the KIV program for parents and guardians of the youth. Youth and parent/guardian KIV programs are offered once a week, in the evening, for three weeks. During the first week, youth and parent/guardians will meet individually with a KIV educator. This meeting will be followed by three group meetings, two hours each.

Life Skills Training	Life Skills Development	Grades 3,4 & 5	The Life Skills Training Program is research based prevention curriculum developed by Dr. Gilbert Botvin, Director and Professor at the Institute for Prevention Research at Cornell University Medical College. LST seeks to promote health and well-being among children through the delivery of a combination of life skills, health, and drug-resistance skills, information lecture, behavior rehearsals, education props, activities and interactive discussion. ST is one of the only programs proven to reduce the use of alcohol, tobacco and other drugs among adolescents, making it the most extensively evaluated substance abuse program available.
Life Skills Training	Character Education, Violence and ATOD Prevention	Grade 6	(same as above and geared to appropriate audience)
Life Skills Training	Character Education, Violence and ATOD Prevention	Grade 7	(same as above and geared to appropriate audience)
Life Skills Training	Character Education, Violence and ATOD Prevention	Grade 8	(same as above and geared to appropriate audience)
Life Skills Training - Teacher Training	Character Education, Violence and ATOD Prevention	Teachers of middle school students	Participant practice teaching skills and gain confidence and experience delivering lessons from the curriculum. Participants actively participate delivering portions of the curriculum in small practice groups. They learn new teaching skills, understand how to translate the curriculum to meet local needs, and develop methods to overcome instructional and institutional implementation barriers. The training also explores the theoretical foundations of the Life Skills Training approach to prevention education.
Marijuana Madness	Illegal Drug Use Prevention	Grades 6-8	Program examines the extent of marijuana use - the most commonly abused illegal substance in the US. The "pot" culture and user's paraphernalia is examined. Short and long term effects on the user's body are highlighted as well as the effects in learning and social behavior. Participants learn tips for teaching children to "say no".
Marijuana Madness	Illegal Drug Use Prevention	Grades 9-12, Adults	Program examines the extent of marijuana use - the most commonly abused illegal substance in the US. The "pot" culture and user's paraphernalia is examined. Short and long term effects on the user's body are highlighted as well as the effects in learning and social behavior. Participants learn tips for teaching children to "say no".
Parent - Teen Dialogue Night	ATOD & Violence Prevention	Grades 9-12/Parents	Through interactive discussions, and active listening between small groups, the facilitators will guide participants in an

exchange of thoughts and ideas on topics ranging from life goals, discipline, school, peers/friends, dating, and alcohol, tobacco and drug use.

Peer Mediation Training- Building Blocks for Peaceful Schools

Violence Prevention

Peer Mediation is a process that empowers students to diffuse minor disputes before they become major problems that otherwise may lead to violence, injury and/or disciplinary consequences. This process allows disputing parties to bring their problem to the mediation table in order to work out their differences cooperatively. Mediation is non-judgmental. The goal is not to determine guilt or innocence but rather to work out differences constructively. Peer Mediators are trained to facilitate this process and master the neutral-party role.

Power of One

Bullying Prevention

Grades 6-8

Bullying is one of the toughest problems that children face in today's society. It has become a major pressure leading to early alcohol and substance use. In response to this issue, we have developed a one-lesson program in which elementary and middle school students reflect on the reasons why young people bully and what can be done to stop it.

Project Oz

ATOD Prevention

Grade 2 - Special Education

Project Oz assists students in developing skills in communication, responding to peer-pressure and expressing emotions. Students will develop a strong self-concept, which is a powerful deterrent from drug experimentation.

Project Oz

ATOD Prevention

Grades 3, 4 & 5 - Special Education

Project Oz assists students in developing communication skills, refusal skills, and social skills in addition to providing an overview of various drugs and their effects and the risks and consequences of use.

Project Oz - Step 3

ATOD Prevention

Grades 6-8 - Special Education

Project Oz Step 3 provides an overview of various drugs and their effects and the risks and consequences of use.

Project Oz - Step 4

ATOD Prevention

Grades 9-12 - Special Education

Project Oz Step 4 is designed to give students information about the physical and emotional effects of drugs, the dangers associated with the use and an understanding as to why people use substances.

Project Oz - Step B	Violence Prevention	Grades 6-8 - Special Education	Project Oz Violence Prevention Program is designed to provide students with the skills needed to avoid the dangers associated with impulsivity and volatile behaviors.
Project Oz - Step C	Violence Prevention	Grades 9-12 - Special Education	(same as above and geared to appropriate audience)
Seeing is Believing	Alcohol Prevention	Grades 6-12	Utilizing the Fatal Vision Goggles, students will experience the effects of alcohol and other drugs on their ability to perform tasks. Interactive discussion, hands-on activities and role-playing are all used.
Shades of Summer	Conflict Resolution	Grades 2-4	Shades of Summer uses games, interactive group activities, arts & crafts and role play performances to help young people learn skills to help them peacefully solve problems and further develop healthy attitudes and behaviors while participating in activities that are fun, social and meaningful.
Tobacco Jeopardy	Tobacco Prevention	Grades 6 - 12	Game shows are all the rage. This one-hour game show uses two teams of audience member who answer frequently asked questions about tobacco .
Trends in Substance Abuse	Substance Abuse	Adults	Programs examines local trends in legal and illegal substance abuse in Monmouth County: including marijuana, cocaine, heroine, and party drugs/predatory drugs: Ketamine, LSD, GHB and Rohypnol. Drug paraphernalia is examined and short and long term effects are highlighted.
Underage Drinking and Host Liability	Alcohol Abuse Prevention	Parents & teachers	This program addresses the widespread phenomenon of binge drinking on most high schools and college campuses. Decisions teens make regarding alcohol use can have a profound impact on their health and future. Reasons for youth binge drinking as well as its consequences will be explored. Problems produced by binge drinking are community problems, and the solutions must stem from joint efforts. Ways for parent groups and schools to work together to reduce the pressure on students to binge and alleviate the problems that heavy drinking creates will be explored

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