



...strengthening your child's foundation through life skills education.™

Family Resource Guide

Self-Help

Alcoholics Anonymous	1.800.245.1377	www.nnjaa.org
Alcohol Abuse	1.800.274.2042	www.ncadd.org
Al.Anon/Alateen	English 973.744.8686	www.nj.al.anon.org
	Spanish 973.483.8115	
Narcotics Anonymous	1.800.992.0401	www.nanj.org
Nar.Anon of New Jersey	1.800.484.7385 (code 4257)	www.naranonofnj.org

Tobacco/Nicotine

Saint Barnabas – Tobacco Dependence	732.914.1688 x 73955	www.instituteforprevention.com
New Jersey Quitline	1-866.NJ.STOPS	www.nj.quitnet.com

Addiction Hotlines

Addictions Hotline of New Jersey	1.800.238.2333	www.njdrughotline.org
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Psychiatric Crisis Intervention

CPC Behavioral Healthcare	732.842.2000	www.cpcbehavioral.org
CentraState Mental Health Hotline	732.431.2000	www.centrastate.com
CONTACT Crisis Hotline	908.232.2880	www.contactwecare.org
Emergency Line (Monmouth County)	732.222.3030	
Emergency Services Hotline	732.363.5322	www.sbhcs.com
Jersey Shore Medical Center	732.776.4555	www.meridianhealth.com
Monmouth Medical Center	732.923.6999	www/saintbarnabas.com/hospitals/ monmouth_medical/index.html

Domestic Violence

180 Inc. Turning Lives Around	732.264.4111	www.180nj.org
Child Abuse (DYFS)	1.877.652.2873	www.state.nj.us/humanservices/dyfs
Domestic Violence Hotline (Monmouth County)	732.264.4111	
Domestic Violence Hotline (New Jersey)	1.800.572.7233	www.womanspace.org
National Child Abuse Hotline	1.800.422.4453	www.childhelpusa.org
Parents Anonymous Helpline	1.800.843.5437	www.pa.of.nj.org

Gambling

Gamblers Anonymous	1.877.994.2465	www.gamblersanonymous.org
Gam.Anon	718.352.1671	www.gam.anon.org

Juvenile Justice

FACES.For all children experiencing stress	1.877.NJFACES	No website available
Families Anonymous	1.800.736.9805	No website available
Family.Based Services Association of NJ	732.571.3272	www.fbsanj.org
Hispanic Affairs and Resource Center	732.774.3282	www.wnjpin.state.nj.us/oscc/asburypark.htm
Jewish Family and Children's Service	732.774.6886	www.jfcsmonmouth.org
Mental Health Association of Monmouth	732.544.6422	www.mentalhealthmonmouth.org
Mercy Center (Asbury Park)	732.774.9397	www.mercycenternj.org
Monmouth County Dept of Human Services	732.308.3770	www.visitmonmouth.com
Division of Alcohol and Drug Abuse	732.431.6451	www.visitmonmouth.com
NJ Division of Child Behavioral Health Service	1.877.652.7624	www.vonewjersey.com
Parents Support Group of New Jersey	973.736.3344	No website available
Statewide Parents Advocacy Network (SPAN)	1.800.654.SPAN	www.spannj.org
Tough Love International	1.800.333.1069	www.4troubledteens.com

Parenting

Prevention First	732.663.1800	www.preventionfirst.net
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Runaway Services

Runaway Switchboard (national)	1.800.786.2929	www.nrscrisisline.org
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Other Resources

2.1.1	2.1.1	www.nj211.org
Family and Children's Service	732.531.9111	www.fcsmonmouth.org
Families Support Center NJ Parent to Parent	1.800.372.6510	www.fscnj.org
Monmouth County Office on Aging	732.431.7450	www.visitmonmouth.com/aging
New Jersey Self.Help Clearinghouse	1.800.367.6274	www.njgroups.org
2 nd Floor	888.222.2228	2ndfloor.org
180 Inc. — Turning Lives Around (formerly Women's Center of Monmouth County)	732.264.4111	www.180nj.org
Poison Control Hotline	1.800.222.1222	www.aapcc.org
Planned Parenthood	Freehold 732.431.1717	www.plannedparenthood.org (national)
	Hazlet 732.888.4900	
	Shrewsbury 732.842.9300	www.ppcnj.org (central New Jersey)
Rape Crisis Center	732.264.4111	www.rapecrisis.com
United Way of Monmouth County	732.938.5988	www.uwmonmouth.org
Volunteer Center of Monmouth County	732.728.1927	www.volunteermc.org



Substance abuse and violence prevention video and print information is available to the public in our Prevention Education Resource Center (PERC) library.

Please visit us!

Hours: Monday – Friday, 9 - 5 (or by appointment).

Contact: 732.663.1800 ext. 216.